



## Rules & Regulations:

### BASIC PROVISIONS

- Wellness Center Members must abide by these Rules. Any violation of the Rules may subject the Member to suspension or forfeiture of their Membership.
- The Wellness Center through the United Presbyterian Home Board Officers reserves the right to review and change these rules at any time.
- Good order, proper attire, decorum and consideration of the rights and comforts of others must be observed at all times.
- The Wellness Center will not be responsible for loss or damage to any personal property of the Member.
- All Members must complete required documents including: Membership Agreement, Physician Release Form and Health History Questionnaire. 55+ Community Members must also make payment. MEMBERSHIP ACCESS CARDS WILL NOT BE ISSUED IF THESE REQUIREMENTS ARE NOT MET.
- **ALL MEMBERS MUST CARRY AND PRESENT THEIR WELLNESS CENTER KEY FOB TO USE ANY AND ALL WELLNESS CENTER AMENITIES. USE OF FACILITIES WILL BE DENIED WITHOUT WELLNESS CENTER KEY FOB.**

### PAYMENT FOR MEMBERSHIP

The Wellness Center will accept Check or Cash, as payment for membership fees. All dues or fees associated with membership shall be paid in advance of use of facility. Checks shall be made payable to "United Presbyterian Home". ACH is available for membership payment following initial month fees.

### LOCKER AND SHOWER ROOMS

- While using the Wellness Center, all Members may use a locker, based on availability.
- All property must be removed from lockers immediately following workouts. Lockers shall not be used to store any property.
- Changing into exercise attire must be done in the locker/shower room.
- No property of the Wellness Center shall be removed from the building for any reason. Lockers are not for private use and the Wellness Center reserves the rights to inspect all lockers, as well as to remove any lock left on locker.
- Any property left in a locker will be disposed of without notice.

### DRESS

Wellness Center Members should wear proper attire. When using the exercise equipment, Members must wear appropriate attire inclusive of shirt or top, shorts and or pants, and appropriate, CLEAN shoes.

### FOOD AND BEVERAGES

No food is allowed in the Wellness Center at any time. Beverages consumed during workout must be in a container with a lid. Member must clean any spills immediately.